بیمارستان شهید مدرس

زهرا دین پژوه

کارشناس کتابداری پزشکی

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# Pub med



### PUBMED

یاب مد یک پایگاہ اطلاعاتی آنلاین رایگان است که توسط مرکز ملی اطلاعات بیوتکنولوژی آمریکا در کتابخانه ملی پزشکی آمریکا به وجود امده است. این منبع مهم دارای بیش از ۲۱ میلیون مدرک از آمریکا و بیش از ۷۰ کشور جهان در مورد متون زیست پزشکی مدلاین می باشد. با توجه به اینکه هزینه اشتراک مدلاین زیاد بوده و امکان بهره مندی از آن برای افراد و سازمان ها وجود نداشت کتابخانه ملی یزشکی آمریکا اقدام به ایجاد موتور جستجوی رایگان پاب مد نمود که در واقع دسترسی به محتوای مدلاین را امکان پذیر می کند . پوشش این پایگاه از نظر تاریخ به ۱۹۵۵ بر می گردد. و از لینک زیر قابل دسترس می باشد. روش دسترسی

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انواع جستجو در پاب مد

#### **BASIC SEARCH**

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### Advanced search → جستجوى پیشرفته

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√جستجو از طريق



# Basic search

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2	King SN, Cuille I. Thibeault SI
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	Koenig B. Pape D. Chao, O. Bauer J. Grimpe B.

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2.	Efficacy of group-adapted physical exercises in reducing back pain in women with postmenopaus osteoporosis. Paolucci T, Morone G, Iosa M, Grasso MR, Buzi E, Zangrando F, Paolucci S, Saraceni VM, Fusco A. Aging Clin Exp Res. 2014 Aug;26(4):395-402. doi: 10.1007/s40520-013-0183-x. Epub 2013 Dec 14. PMID: 24338597 Similar articles
3.	[Clinical research on warm acupuncture therapy for <b>pain</b> in <b>postmenopausal osteoporosis</b> ]. Cai GW LLL Xu XJ Xue YZ LLG Wu M LLPE



# اصطلاحنامه معتبر پزشکی Medical Subject Headings



واژه نامه کنترل شده کتابخانه ملی پزشکی آمریکاست که برای نمایه سازی مقالات در مدلاین وپاب مد بکار می رود .دارای مجموعه ای از واژه های رایج و معتبر در علم پزشکی و علوم وابسته است.که علاوه بر نظم الفبایی دارای ساحتار درختی است.که با استفاده از آن کاربر از یک اصطلاح غیر علمی و غیر رایج به اصطلاح معتبر و برگزیده هدایت میشود. به عنوان مثال دو واژه cancer و neoplasm هم معنا می باشند ولی به دلیل لینکه مقالات نوشته شده با دو کلیدواژه مختلف در نتایج حاصل از جستجوبا هر کدام از کلیدواژه ها بازیابی گرددکلیدواژه neoplasm انتخاب شده و تمامی مقالات دارای کلیدواژه های متفاوت ولی هم معنا با این موضوع به آن ارجاع داده میشوند و هنگام جستجو در کنارهم قرار میگیرند.

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#### ADSUIDUL \*

J Steroid Biochem Mol Biol. 2014 Jul;142:155-70. doi: 10.1016/j.jsbmb.2013.09.008. Epub 2013 Oct 29.

#### Prevention and treatment of postmenopausal osteoporosis.

Tella SH<sup>1</sup>, Gallagher JC<sup>2</sup>.

Author information

#### Abstract

In the beginning, that is from the 1960's, when a link between menopause and **osteoporosis** was first identified; estrogen **treatn** standard for preventing bone loss, however there was no fracture data, even though it was thought to be effective. This continued health laiting (WHI) study in 2001 that published data on 6 years of treatment with hormone theremy that showed an increase

Health Initiative (WHI) study in 2001 that published data on 6 years of treatment with hormone therapy that showed an increase in near attacks and breast cancer. Even though the risks were small, 1 per 1500 users annually, patients were worried and there was a large drop off in estrogen use. In later analyses the WHI study showed that estrogen reduced fractures and actually prevented heart attacks in the 50-60 year age group. Estrogen alone appeared to be safer to use than estrogen+the progestin medroxyprogesterone acetate and actually reduced breast cancer. At the same time other drugs were being developed for bone that belong to the bisphosphonate group and the first generation of compounds showed moderate potency on bone resorption. The second and third generation compounds were much more potent and in a series of large trials were shown to reduce fractures. For the last 15 years the treatment of osteoporosis belonged to the bisphosphonate compounds, most of which reduce fracture rates by 50 percent. With the exception of gastrointestinal irritation the drugs are well tolerated and highly effective. The sophistication of the delivery systems now allow treatment that can be given daily, weekly, monthly and annually either orally or intravenously. Bone remodeling is a dynamic process that repairs microfractures and replaces old bone with new bone. In the last 10 years there has been a remarkable understanding of bone biology so that new therapies can be specifically designed on a biological basis. The realization that RANKL was the final cytokine involved in the resorption process and that marrow cells produced a natural antagonist called Osteoprotegerin (OPG) quickly led to two lines of therapy. First OPG was used as a therapy to block RANKL was initially successful but later antibodies against OPG developed and this line of treatment had to be discontinued. The next step was to develop a monoclonal antibody against RANKL and this proved to be highly effective in blocking bone resorption. It led to development of a drug Denosumab that successfully reduces fractures and is now one of the therapeutic options for osteoporosis treatment. On the anabolic side bone biology research showed that osteocytes produces sclerostin an inhibitor of the anabolic WNT signaling pathway. Recent development of a monoclonal antibody against sclerostin has shown remarkable anabolic activity in bone showing large increases in bone density and fracture trials are now underway. The newer treatments for osteoporosis are likely to be based on our understanding of bone biology and the design of new highly specific compounds with fewer side effects. This review summarizes the diagnosis of postmenopausal osteoporosis and various available non-pharmacological and pharmacological therapies available for its management. This article is part of a Special Issue entitled 'Menopause'.

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KEYWORDS: BMD; Diagnosis; Osteoporosis; Risk factors; Treatment

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Review [Therapy of osteoporosis: bisphosphonates, SERM's, t [Z Rheumatol. 2003]

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Advanced Oxidation Protein Products as a Novel Marker of Oxidative Stress [Med Sci Monit. 2015]

Identification of miR-194-5p as a potential biomarker for postmenopausal oste [PeerJ. 2015]



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### **CREATE ALLERT**

پس از آنکه استراتژی جستجوی خود را تعیین نمودید در پاب مد به جستجو می پردازید، پس از انتخاب رکودها بر روی گزینه Creat Allertدر زیر کادرجستجو کلیک می نماییم (جهت ذخیره جستجو باید ابتدا در NCBI عضو شوید) در این سرویس علاوه بر ذخیره رکورد به طور دائم نیز می توان به دلخواه نتایج جدید را توسط ایمیل دریافت کرد

PubMed •	congenital h	congenital heart disease [ti]			
	Create RSS	Create alert	Advanced		



#### My NCBI » Saved Searches

#### Your PubMed search



![](_page_35_Picture_0.jpeg)

#### **Choose Destination**

File
 Clipboard
 Collections
 E-mail
 Order
 My Bibliography
 Citation manager

#### Download 1 items.

Format

Summary (text) 🔽

Sort by

![](_page_35_Picture_7.jpeg)

### Create File

پس از انتخاب رکوردهای موردنظر می توان نتایج بازیابی شده را به داخل یک فایل با انتخاب نوع فرمت دلخواه و شیوه تنظیم آن بر روی هر محملی ذخیره نمایید

![](_page_35_Picture_10.jpeg)

![](_page_36_Picture_0.jpeg)

پاک می شود.

Pub Med.gov

![](_page_36_Figure_1.jpeg)

![](_page_37_Figure_0.jpeg)

![](_page_38_Figure_0.jpeg)

# Email ایمیل این امکان را فراهم می سازد تا مستقیما مدارک انتخابی بازیابی شدہ خود را

به طور مثال به ناشر ارسال نماییم

![](_page_38_Picture_3.jpeg)

My bibliography & collection جهت ذخیره نتایج بازیابی و مدیریت آنها استفاده می شود که می بایست در ابتدا MY NCBI عضو شد.

Order
 جهت سفارش مدرک مورد نظر از کتابخانه ملی پزشکی امریکا به کار می رود

Citation Manager
 جهت مدیریت استنادات به وسیله نرم افزار هایی چون اندنوت بکار می رود

![](_page_39_Picture_3.jpeg)

### RSS

RSS امکانی است که جدیدترین مقالات را با ا ستراتژی جستجویی که از قبل تعریف کردیده اید از منابع آنلاین (نه لزوما پاب مد ) در فواصل زمانی منظم و به طور خودکارجمع آوری کرده و اطلاعات را در اختیارتان قرار می دهد . RSS feed به محض اینکه منابعی اضافه شود به طور فعال به روز می شود. برای استفاده از Rss reader به نرم افزار Rss reader نیاز می باشد.

Dublicat		RSS Settings	
Publied	Create RSS Create alert Advanced	Search: congenital heart disease Number of items displayed:	
		Create RSS congenital heart di	sease; XML

### Pubmed Tools

### ✓ single citation Matcher

### ✓ جستجوی ترکیبی گروهیBatch citation Matcher

![](_page_41_Picture_3.jpeg)

### SINGLE CITATION MATCHER

این جستجو یکی از ویژگی های پاب مد است که از صفحه دردسترس است. این ویژگی برای جستجوی یک مدرک خاص با اطلاعاتی که از آن مدرک داریم استفاده می شود. نام ژورنال به صورت اختصار قابل بازیابی می باشد.

Journal • Help	The New England journal of mee	dicine
Date	yyyy/mm/dd (month and da	y are optional)
Details	Volume Issue 3 2	First page 56
Author name • Help	Jackson	-
Limit authors	Only as first author	Only as last author
Title words		
earch <u>Cle</u>	<u>ar form</u>	

### Batch Citation Matcher

در این فرم می توانید اطلاعات خود را درپایگاه پاب مد یا pmc محدود کرده و تقاضای خود را براساس قالبی که در شکل ذیل امده در کادر stringمطرح نموده و فایل متناسب با آن را برای جستجو آپلود نمایید. زمانیکه اطلاعات ناقصی در مورد مدرک مورد نیاز دارید این جستجو مناسب می باشد.

NCBI Batch Citati	on Matcher	_					
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Citation Strings							
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# از بنان توجه شما سپاسکزارم

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